Microsporidia: Enterocytozoon bieneusi and Encephalitozoon intestinalis

Indirect immunofluorescence assay for the specific diagnostic of human intestinal microsporidiosis

2 x 50 tests for in vitro diagnostic use and for professional laboratory use

Instructions for use for article N° 8100, N° CE: H-CH/CA01/IVD/12173



Intended use:

The IFAT Bordier Microsporidia kit is intended for the direct qualitative detection of both species spores in human stool. This test thus allows a species diagnosis.

Background:

Microsporidiosis is a worldwide opportunistic infection caused by *Microsporidia*, a group of obligate intracellular parasitic fungi. *Enterocytozoon bieneusi* and *Encephalitozoon intestinalis* are the two species responsible for gastrointestinal disease in humans. Infections caused by *E. intestinalis* are treated with albendazole, while fumagillin has been shown to be effective for eradicating *E. bieneusi*. Thus, species identification is important for defining the appropriate treatment. Humans can be infected by ingesting *Microsporidia* spores. Infective sporoplasm invades host cells, multiplicates and matures into spores. The host cell membrane is disrupted and releases the spores to the surroundings. These free mature spores can infect new cells, thus continuing the cycle. Infection occurs on severely immunocompromised persons. The most important symptom is diarrhea. Diagnosis is based on microscopic examination of spores in fecal samples, an immunofluorenscent assay or detection of DNA by PCR.

Principle and presentation:

The kit contains monoclonal antibodies and the fluorescent conjugate allowing 2 x 50 immufluorescence assays on microscope slides. Monoclonal antibodies will bind specifically to samples spores attached to the slide wells. Unfixed antibodies will be washed away. The presence of spore-specific antibodies is detected with a fluorescent anti-mouse IgG conjugate. A second washing step will remove the unbound conjugate. After mounting between slide and coverslip, reading is performed with a fluorescence microscope.

Material contained in the kit (2 x 50 assays):

MAB1 8100-01	Monoclonal antibody anti- <i>E. bieneusi</i> ready to use (red caps)	2 x 0.5 ml
MAB2 8100-02	Monoclonal antibody anti- <i>E. intestinalis</i> ready to use (green caps)	2 x 0.5 ml
CONJ 8100-03	Ready to use fluorescent (488nm) anti-mouse IgG conjuguate containing Evans blue	1 x 2 ml

Shelf life and storage:

Store the kit at 2° to 8°C (transport at ambient temperature), avoid long term exposure of the components to direct light. The expiry date and the lot number of the kit are printed on the back of the box. After initial opening, all reagents are stable until the expiry date when stored at 2-8°C.

Note: once slides are mounted and sealed, they are stable for 6 months if stored at 2-8°C and protected from direct light

Equipment needed but not provided with the kit:

Pipettes (ml and μ l). Flasks. Dilution tubes. Distilled water. Manual or automatic equipment for rinsing slides wells. Centrifuge. Vortex mixer. Timer. Methanol. PBS (Phosphate-Buffered Saline). Filters (best = 50 μ m or 100 μ m). Epoxy coated glass slides (75 mm x 25 mm) with 8 compartments 5 mm in diameter or equivalent. Coverslip (60 mm x 24 mm). Anti-fading fluorescence mounting medium. Immersion oil. Fluorescence microscope (x1000).

Preparation of reagents before use:

All reagents in the kit are ready to use.

Specimen collection and preparation:

Use human stools. Fresh and untreated samples can be stored for 48 hours at 2-8°C, otherwise store at -20°C or below. Avoid repeated freezing and thawing. Samples treated with 10% formaldehyde can be stored for 2 months at room temperature.

Warnings and precautions:

Toxic compounds are found in following concentration:

Component	Reference	Sodium azide (N _a N ₃)	Merthiolate	Evans Blue
Monoclonal antibodies	8100-01 and -02	0.02 %	0.02 %	1
Fluorescent conjugate	8100-03	0.01 %	0.002 %	0.0002 %

At the used concentrations, sodium azide and merthiolate do not have any toxicological risk on contact with skin and mucous membranes.

- Monoclonal antibodies (8100-01 and -02) are from mouse.
- Conjugate is made with antibodies from goat.
- Treat all reagents and samples as potentially infectious material.

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- Do not interchange reagents of different lots.
- Do not use reagents from other manufacturers with reagents of this kit.
- Do not use reagents after their expiry date.
- Close reagent vials tightly immediately after use and do not interchange screw caps to avoid contamination.
- Use separate and clean pipettes tips for each sample.
- Do not re-use slides and coverslips.

Disposal consideration:

All materials used for this test are generally considered as hazardous waste. Refer to national and regional laws and regulations for the disposal of hazardous waste.

Method:

- Filter through 50 μm (best) or 100 μm filter.
- Centrifuge at 700g for 15 minutes, discard the supernatant and resuspend the pellet (dilution 3 times) with PBS.
- Put 2 μl of the fecal sample suspension to be tested on well slides and dry for one hour. Count 2 wells per sample: 1 for each monoclonal antibody.
- Fix the slides with methanol, let dry 5 minutes.
- Add 20 μ l of either of the monoclonal antibodies on the wells and incubate for 30 min at room temperature in a humid atmosphere.
- Wash 3 times with a drop of PBS, aspirating the PBS on the side of the wells without touching the sample.
- Add 20 μl of conjugate to each well. Incubate for 30 min at room temperature in a humid atmosphere, in the dark.
- Aspirate the conjugate, wash with a drop of PBS as specified above. Dip the slides in 3 changes of PBS.
- Drain the buffer from the slides. Dry the slides underneath and carefully around the samples, without touching the sample.
- Add 2 drops of anti-fading fluorescence mounting medium, place a coverslip on the wells, avoiding the formation of air bubbles.

Reading is made with a fluorescence microscope, equiped with the appropriate fluoresceine filter (488 nm) and an immersion objective (x 1000).

Note: mounted slides can be sealed with varnish for long term storage (possible rereading) and safer handling.

Interpretation:

To assess the specificity of the labeling, a positive and negative sample (not included) could be processed in parallel with the stool samples.

The monoclonal antibodies react exclusively with the spore walls of Microsporidia. *E. bienusi* spores (1.3 x 0.7 μ m) and *E. intestinalis* spores (1.7 x 1.0 - 1.1 μ m) are surface labeled with a margued peripheral fluorescence.

Quality controls of current lots are published on our website: www.bordier.ch as positive samples pictures.

Sensitivity and specificity:

A sensibility close to 100% and a specificity better than those of specific staining methods (Weber and Uvitex 2B) were observed.

Interferences:

There is no known interference in stool samples.

Precision:

This qualitative test does not allow the measurement of its accuracy.

Limitations:

Fluorescence could sometimes be observed with unidentified "chain-linked" bacteria with the anti-E. intestinalis monoclonal antibody. However, the size and shape of microsporidia spores allow to differentiate them from these bacteria.

References:

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Ghoshal U., Khanduja S., Pant P. and Ghoshal U.C. Evaluation of Immunofluorescence antibody assay for the detection of E. bieneusi and E. intestinalis. Parasitol. Res. 2016, 115: 3709-13.



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